

Telehealth Consent

Prior to starting video conferencing services, we discussed and agreed to the following:

1. There are potential benefits and risks of video conferencing (i.e., limits to patient confidentiality) that differ from in-person sessions.
2. Confidentiality still applies to telehealth services and no sessions are recorded.
3. We agree to use the video conferencing platform selected and the provider will explain how to use it.
4. You need to use a webcam or smartphone during the session.
5. It is important to be in a quiet, private space that is free of distractions during the session.
6. It is important to use a secure internet connection rather than public/free Wi-fi.
7. It is important to be on time. If you need to cancel or change your appointment time, you must notify your provider. Cancellation policies remain the same as an in person session.
8. We need a back up plan to restart the session in case of technical difficulties.
9. We need a safety plan that includes at least one emergency contact and the closest ER in the event of a crisis.
10. If you are not an adult, we need parental consent for telehealth.
11. You should confirm with your insurance company that telehealth will be reimbursed. If not, you are responsible for payment.
12. As your provider, I may determine that telehealth is no longer appropriate and that we should resume in person sessions.

Provider Signature: _____

Signature of patient or legal guardian: _____

Date: _____